

If You Are a Truth-Seeker Read This Disclaimer

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If you are a truth-seeker, you have to be prepared for everything you thought was the truth to become completely flipped on its head. As the Nisargadatta Maharaj once said, “The search for Reality is the most dangerous of all undertakings, for it destroys the world in which you live.”



What is truth? What is reality? These are questions that are difficult to answer and also become distorted because of solipsistic thinking where “my truth is just as valid as your truth.”

There is one objective reality. It is quite possible that we actually never directly interact with it within the three-dimensional framework we find our bodies inhabiting. However, it is possible that we can tether to it through journeys into inner space, leading directly into the base prime Reality that is the Source code of All that Is. Are you ready to see what this whole thing really is?

It takes a great deal of willful determination to shed all the conditioning we have been taught. We will have to dissolve the limitations which have been programmed within our minds as to what is and what is not. Most importantly of all, take *nothing* at face value. What you are presented is usually not how it is.

Bringing things down to a more comprehensible level, we already understand that history (the story of humanity) is told to us by the victors and controllers of information. Sure, they will provide their own evidence to support their version of reality, but a true truth-

seeker will identify several plot holes. They will notice that things don't add up or make sense entirely. The cellular memory within your body, spanning billions of years, will feel that something is discordant within their interpretation of reality.

When we become genuine truth seekers, we discover who we really are and where we want to go. We are no longer moving like drones on autopilot through life, influenced, manipulated, and herded towards a particular direction. We are no longer inadvertently doing the bidding of unseen forces or fulfilling their agendas. We define our own destiny and life according to the most fundamental principles of actual Reality.

Most people are afraid of the truth. They fear coming face-to-face with Reality because all those decades of carefully curating their false reality turns out to look like it was a complete waste of their lives. What's more, they feel like they've been duped, and nobody likes to feel like they were suckered into believing in lies, especially big ones. However, as Ann Landers said, "The naked truth is always better than the best dressed lie."

Develop the skills needed to become aware of falsehood. This starts with being open to absolutely anything being possible. Be willing to at least entertain any idea initially. If it, upon further inspection, it is false, chuck it and move on. If it is truth mixed with lies or misunderstandings of truth, then you can dive deeper into it, to separate and discern what is truthful and what is deception or misinformation. Develop your intuitive and critical thinking skills, and also learn how to use your heart as an organ of perception. These will all become indispensable tools in the search for truth.

The final takeaway is this:

Just because an idea, belief, narrative, story, etc. is popular and widely accepted does not mean it reflects the truth of some aspect within reality. In fact, it will likely be, at the very least, over-simplified and lacking the nuanced complexity that is a factor in everything within reality. Yes, all-pervasive principles will be simple, but go down any deeper and suddenly truth becomes a multidimensional fractal.

If you are a seeker of truth, prepare to give up your attachment to any ideas or beliefs you had about the true nature of something. It's one of the most difficult things you could ever do, but it will bring you that much closer to becoming aligned with the Primary Reality, which opens the door to your consciousness evolving beyond what you ever thought was possible.

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Paul Lenda is a conscious evolution guide, founder & director of [SHIFT](#), author, writer, speaker, meditation teacher, life coach, and ambassador for the New Paradigm wishing to provide an integral role in personal transformation and the collective social transformation of humanity. Paul offers private one-on-one holistic life counseling & conscious evolution sessions, via Skype or phone. Paul takes into account all aspects of the hyperdimensional matrix when providing guidance, counseling, and coaching.

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